

## ALI FROGGATT

Agent: Simona Crone

### FILM & TELEVISION

A.T.A.C.K	Principal	First Glance Productions/Nathalie Bolt
Motherland: Fort Salem	Actor	Freeform Gary Sanchez Prods/Amanda Tapping
Kingsway	Supporting	Carkner Films/ Bruce Sweeney
Elvish Blades	Principal	Graves Film Production
Ice Blue	Supporting	Lylond Entertainment
Fargo S3	Server	FX Networks
Studio 315	Host	NUTV/Shaw TV
Sleep Walker	Principal	RA Visuals
Missed Connections	Principal/Writer	Sour Dog Productions
Lingo Learner (Sketch)	Principal/Writer	Sour Dog Productions
Rabbit Hole (Short)	Lead	Sour Dog Productions
Unity/ Animatrik	Motion Capture Actor	

### COMMERCIAL

Coca Cola	Principal	The Capital Media Company
Nintendo	Principal	The Capital Media Company
BC Dairy	Principal	Boldly Pictures
Under the Roof Decorating	Principal	Ewan Photo Video
Elephant & Castle	Principal	Full Swing Productions

### VOICE OVER

Coming to Term	Friend	Renee Amber/HERLAND
#BeOurAlly	Young Female	Zack Russel and Julian Brown
CGA Alberta Wine	Young Female	Six Degrees/CGA Alberta

### THEATRE

Blind Date	Mimi	CanadaHub/Edinburgh Fringe
Blind Date	Mimi	Arts Club/ Rebecca Northan
Undercover	Stand In/ Understudy	Tarragon Theatre/ Rebecca Northan
Undiscovered Shakespeare	Ensemble	Stratford Festival/ Rebecca Northan
Theatresports	Improviser	Vancouver Theatresports League
7 Stories	Charlotte	Sour Dog Theatre/Dennis Cahill
Into The Woods	Narrator	Bathurst Theatre/Tim French
Stuff Happens	Ensemble	Annex Theatre/Steven McCarthy

### TRAINING

Loose Moose Theatre (Calgary)  
Graduate of Randolph Academy for Performing Arts (Toronto)  
SAIT Film and Video Production (Calgary)  
New York Film Academy (Los Angeles)  
Company of Rogues (Calgary)

**Special Skills:** Improvisation (advanced), sketch comedy writing, bilingual (french), basic stage and screen combat, yoga, dance (jazz, tap, hip hop, ballet), downhill skiing, swimming, theatrical light technician, driving (automatic)

Hair: Brown | Eyes: Brown | Height: 5'9" | Weight: 150lbs